

### Swedish Massage

Fall into a soothing state of deep relaxation with a calming, rhythmic full body massage. Long, slow strokes increase circulation and promote general health while decreasing muscle tension and stress.

30 minute \$40 60 minute \$65 90 minute \$95

#### Deep Tissue Massage

Experience a deeply therapeutic full body massage, with techniques specifically designed to relieve muscle tension. Enjoy relaxing stretches and strokes that will penetrate the deeper muscle layers to help relieve chronic muscle tension and injuries.

60 minute \$75

#### Prenatal Massage

Escape the stress and anxiety of life with a therapeutic full body massage designed to target areas of tension for mothers-to-be. Enjoy relief from the discomforts of backaches, headaches, leg cramps, joint pain, and neck/shoulder pain. No 1<sup>st</sup> trimester massage

60 minute \$65

## Sports Massage

This is ideal to treat injuries and as well as preventative treatment dealing with the health of muscles and connective tissue, range of movement, tone, symmetry, balance of muscle and quality of posture.

60 minute \$65

# Raindrop Aroma Session

The AromaTouch Technique recommends using 8 CPTG essential oils to reduce and eliminate the impact of systemic constants on our overall health. 45 minute \$40

 Medical Massage:
 30 min \$40
 60 min \$65

 Hot & cold Stones:
 30 min \$40
 60 min \$60

Reflexology: 60 min \$50

Body Wraps: Herbal: 60 min \$50 Mud: \$60

Body Scrubs: \$60 per hour

Add-ons to any Massage: Stones \$15. Paraffin \$15

903.920.7090 HOURS: Thursday-Saturday 9am-6pm Angels Touch By Janice